

Wettkampf 3 - 400m Lagen weiblich**Jahrgang 2014**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Anna Görzen	2014	SG Bergheim	07:00,82	4
	<i>50m: 00:48,44 (00:48,44) - 100m: 01:49,33 (01:00,89) - 150m: 02:40,16 (00:50,83) - 200m: 03:30,33 (00:50,17)</i>				
	<i>250m: 04:31,80 (01:01,47) - 300m: 05:34,09 (01:02,29) - 350m: 06:18,39 (00:44,30) - 400m: 07:00,82 (00:42,43)</i>				
	<u>abgemeldet</u>				
	Marla Engemann	2014	SG Bergheim		

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Emna Sahraoui	2013	SG Bergheim	06:20,03	7
	<i>50m: 00:40,92 (00:40,92) - 100m: 01:31,40 (00:50,48) - 150m: 02:19,97 (00:48,57) - 200m: 03:06,58 (00:46,61)</i>				
	<i>250m: 04:00,20 (00:53,62) - 300m: 04:54,82 (00:54,62) - 350m: 05:38,71 (00:43,89) - 400m: 06:20,03 (00:41,32)</i>				
	<u>abgemeldet</u>				
	Ilvy Kühnhenrich	2013	SG Bergheim		

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Nele Overhage	2009	SV Wasserhelden	07:34,16	
	<i>50m: 00:49,10 (00:49,10) - 100m: 01:51,50 (01:02,40) - 150m: 02:49,65 (00:58,15) - 200m: 03:46,06 (00:56,41)</i>				
	<i>250m: 04:50,25 (01:04,19) - 300m: 05:54,99 (01:04,74) - 350m: 06:44,78 (00:49,79) - 400m: 07:34,16 (00:49,38)</i>				

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Maja Jarosch	2008	SG Bergheim	05:22,41	9
	<i>50m: 00:34,01 (00:34,01) - 100m: 01:13,49 (00:39,48) - 150m: 01:54,91 (00:41,42) - 200m: 02:36,20 (00:41,29)</i>				
	<i>250m: 03:20,98 (00:44,78) - 300m: 04:07,39 (00:46,41) - 350m: 04:45,98 (00:38,59) - 400m: 05:22,41 (00:36,43)</i>				

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Nele Heller	2007	SG Rhein-Sieg	05:34,87	6
	<i>50m: 00:34,37 (00:34,37) - 100m: 01:14,63 (00:40,26) - 150m: 01:58,55 (00:43,92) - 200m: 02:41,64 (00:43,09)</i>				
	<i>250m: 03:28,63 (00:46,99) - 300m: 04:15,73 (00:47,10) - 350m: 04:55,09 (00:39,36) - 400m: 05:34,87 (00:39,78)</i>				